

Humility
Intercepting
Non-reactivity
Patience
Simplicity
Synergy

In God We Trust

Concentrated Self-Defense

Commitment
Confidence
Courage
Effective
Excellence
Ferocious

Charging Lion SCHOOL



OF HOLY PRINCIPLE BY KARATE

Square Star System

Charging Lion School
teaches Square Star Style

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In the field of life
there are two kinds of people:
Charging & Wasting.

Charging people are getting better
by absorbing good principles
and wasting people are getting weaker
by wasting themselves on ignorance.

It takes courage to be a charging person.
The lion is a symbol of courage.

Square Star System is
a concise & concentrated
style of empty hand (Karate) self-defense
designed to fit into a purposeful schedule.

Powerful

Bold
Chivalry
Clever
Command
Concentration
Courage
Creative
Decisive
Determination
Diligence
Direct
Direction
Discovery
Dispersion
Drive
Dynamic
Effective
Endurance
Excellence
Fast
Ferocious
Finishing
Focus
Forthright
Generosity
Growth
Intensity
Invincible
Justice
Positive
Prevailing
Protectorship
Purpose
Quick
Rigorous
Service
Steadfast
Strength
Studios
Surprise
Teamwork
Tenacity
Tough

Balance

Alert
Clarity
Compassion
Contemplation
De-escalation
Dedication
Discipline
Divinity
Enthusiasm
Fitness
Friendship
Goodness
Happiness
Honor
Humor
Intercepting
Integrity
Love
Loyalty
Mastery
Meek
Non-reactivity
Originality
Peaceful
Prepared
Presence
Ready
Resilient
Respect
Responsive
Restraint
Reverence
Relationship
Self-control
Serene
Synergy
Tradition
Truth
Triumphant
Understanding
Vitality
Wisdom

Gentle

Acceptance
Attitude
Biomechanics
Care
Charity
Clean
Confidence
Commitment
Crisp
Cultivation
Desensitization
Efficient
Enrichment
Epiphany
Fluidity
Graceful
Honesty
Humility
Ingenuity
Insightful
Integration
Intelligence
Interest
Intuitive
Kindness
Mercy
Patience
Receptivity
Rejuvenating
Selflessness
Simplicity
Trust

The form of the principles vary intentionally to best reflect the meaning.